

MYSDHEA.ORG FB.COM/SOUTHDAKOTAHEA WESTERN DAKOTA TECHNICAL COLLEGE 800 MICKELSON DR, RAPID CITY, SD 57703, USA

TUE, OCT 01

7:00 PM - 9:00 PM

PAST PRESIDENTS' SOCIAL

Pour 54 Taphouse 615 Main St, Rapid City, SD 57701

We are excited to invite you to the pre-conference social in Downtown Rapid City. This event is hosted by the past presidents of SDHEA.

Join us at <u>Pour 54 Taphouse</u>, for light refreshments and your first drink on us. Come to (re)connect with fellow members and kick off the conference in a relaxed setting.

WED, OCT 02

8:30 AM - 9:00 AM

CHECK-IN TABLE OPEN

WESTERN DAKOTA TECHNICAL COLLEGE
EVENT CENTER LOBBY

Start your day with check-in and enjoy light morning refreshments to kick off the conference.

8:30 AM - 5:45 PM SILENT AUCTION

WDTC BALLROOM

The Silent Auction opens, offering a variety of items to bid on. Proceeds support SDHEA initiatives. Hosted by Conference Committee Member Moneik Stephens.

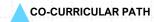
9:00 AM - 9:30 AM

WELCOME & CONFERENCE KICK-OFF

WDTC BALLROOM

President Donna Dunn welcomes attendees and sets the stage for "Navigating the Future" in South Dakota higher education.

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WED, OCT 02 (CONTINUED)

9:30 AM - 11:30 AM
KEYNOTE SPEAKER | TIM MCGOWAN

WDTC BALLROOM

ABOUT OUR KEYNOTE, TIM McGOWAN

Tim McGowan is a retired Science teacher/School Counselor and is starting his 42ndyear in working in the education field. He conducts prevention workshops for staff that focus on increasing connectedness and social network health. He is a Nationally Certified Prevention Trainer and has lead staff and students in Prevention workshops in hundreds of schools/communities. He is the founder of Networks of Support. Tim is also the trainer on a prevention research project with the Dept. of Defense and Researchers from the University of Rochester, New York that addresses civilian to military transitions and promotes the health and career success of enlisted Air Force personnel.

WHAT DO YOU MEAN I CAN'T BUY IT?

Culture within workplaces, and communities happen regardless. Deliberately creating a supportive environment positively influences staff engagement, connectedness to each other, and a sense of belonging to that environment as well as increasing help-seeking behaviors. Unfortunately, these aspects cannot be bought. How many three-ring binders does your office have of previously purchased programs that were going to save the day?

How can workplaces create a culture in which the staff feel valued, supported, and yes, even happy? Tim has worked for over a decade developing, implementing, and sustaining systems that build upon group cohesion and morale, connectedness, and healthy coping skills. He will share stories, and current research that supports your efforts to develop and sustain healthy support networks and create a positive school and work culture.

WHAT TO LOOK FORWARD TO!

Tim will walk you through the beginning sequence of a workshop he conducts for school and workforce staff. He focuses on building cohesion and support through discussions, activities, and storytelling.

11:30 AM - 12:45 PM

LUNCH AND

OPEN BOARD POSITION NOMINATIONS

WDTC BALLROOM

Enjoy a provided lunch. Engage with open board announcements and participate in nominations.

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WED, OCT 02 (CONTINUED)

12:50 PM - 2:00 PM
CHOOSE YOUR OWN PATH

SDM CAMPUS

SOUTH DAKOTA MINES CAMPUS

Tour of SDM (Devereaux Library Tour)
Discover new educational frontiers at SDM.

BHSU-RC CAMPUS

BLACK HILLS STATE UNIVERSITY
- RAPID CITY CAMPUS

Tour of BHSU-RC Experience the educational landscape at BHSU-RC.

YOGA

WDTC EVENT CENTER BALLROOM

YOGA - PAULA WILKINSON SMITH CPS, LAC Enjoy a refreshing yoga session. No need to change into your yoga pants. (30 minutes of yoga; 30 minutes of relaxation)

2:00 PM - 3:00 PM SESSION BREAK OUT 01

WDTC EVENT CENTER

WHAT ARE YOU READING, SDHEA?

ROOM: DAKOTA LECTURE HALL

- MANDY HENDRIX (DSU)

Abstract: Books? Articles? Listening to podcasts? What are you doing to stay relevant and grow as a professional? If you are like me, you find many takeaways through reading and are always looking for recommendations for what you should read next. This interactive session will be a time for attendees to share information about things they are reading, listening to, or creating themselves. You can come ready to give a book report or just listen to others recommendations.

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WED, OCT 02 (CONTINUED)

2:00 PM - 3:00 PM

Session Break Out 01

(CONTINUED)

WDTC EVENT CENTER



BEING THE "BEST" VERSION OF YOURSELF

ROOM: PENNINGTON COUNTY COMMUNITY ROOM

- TINA BIRGEN (SDSU)

Abstract: Key Points: self awareness, dignity in the workplace and your personal life, tips for conflict resolution, positively you, and servant leadership. During this session, we will discuss though provoking concepts regarding dignity in the workplace and your personal life, representing the best version of yourself to positively impact your team and enhance student success, applying wellness strategies in the workplace, leading others regardless of your position, and managing conflict.



ARTIFICIAL INTELLIGENCE IN HIGHER EDUCATION: FRIEND OR FOE?

ROOM: EVENT CENTER

- CARLA ANDERSON (SDSU)

Abstract: Al-powered tools like Chat GPT have entered higher education and will continue to influence the practices within Student Affairs and Academic Affairs. This session with be based on my experiences with Al in the classroom setting and things to consider as it continues to impact our students in our profession.

3:00 PM - 3:30 PM

SNACK BREAK & SOCIAL

WDTC EVENT CENTER LOBBY

Take a snack break reminiscent of a hiking trip. Engage with committees. Hosted by the Conference Committee.

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WED, OCT 02 (CONTINUED)

3:30 PM - 4:30 PM
SESSION BREAK OUT 02

WDTC EVENT CENTER



THE HOLY GRAIL: ACCESSING, UTILIZING, AND PASSING ALONG KNOWLEDGE THROUGH MENTORSHIP

ROOM: PENNINGTON COUNTY COMMUNITY ROOM

- JOHN GINTHER (BHSU)

Abstract: Gain an understanding Importance of Mentor/Mentee Relationships. Gain knowledge pertaining to the following: Basic function of a mentor/mentee relationship Tips and tricks to the mentor/mentee relationship). Gain an understanding of and apply the Learning Partnerships Model (Baxter Magolda, 2001). Identify individuals who could be possible mentors Identify individuals who could be possible mentees



NURTURING MENTAL HEALTH: A HOLISTIC APPROACH FOR HIGHER EDUCATION PROFESSIONALS

ROOM: DAKOTA LECTURE HALL

- Anna Stone (SDSU Grad Student), Carrie Jorgensen MS, LPC, NCC (Lost&Found), Whitney Bischoff (Lost&Found)

Abstract: In the fast-paced and demanding environment of higher education, professionals often find themselves navigating many tasks while providing crucial support to students. Amidst these responsibilities, maintaining mental well-being becomes paramount. This session is designed for higher education professionals, including advisors, counselors, student affairs professionals, administrators, and faculty members, who are seeking tools and practical strategies to enhance their mental well-being while effectively supporting students and responding to student needs in a dynamic work environment. By fostering a supportive and resilient community of higher education professionals, this session aims to empower individuals to thrive personally and professionally amidst the challenges of their roles.

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WED, OCT 02 (CONTINUED)

3:30 PM - 4:30 PM

Session Break Out 02

(CONTINUED)

WDTC EVENT CENTER



WORK SMARTER, NOT HARDER: GROUP ADVISING IMPLEMENTATION ON AN APPRECIATIVE ADVISING CAMPUS ROOM: EVENT CENTER

- KATIE GRAYSON (SDSU), KAYTE HAGGERTY (SDSU)

Abstract: In the changing landscape of higher education, advisors face pressures to efficiently manage growing workloads while maintaining quality support for students. Traditional advising methods particularly appreciative advising have typically been individualized posing challenges for advisor to meet the increasing demands without feeling burnt out. Through real-world example and insights gained from their experiences, the SDSU Ness School advisor embraced group advising on a campus deeply entrenched in individual meetings and appreciative practices. Attendees will gain valuable insights into the principles of group advising, including its potential to enhance efficiency, foster community, and promote student engagement. This presentation explores real-life strategies for integrating group advising into campuses traditionally focused on individual sessions.

4:30 PM - 5:45 PM ROUND TABLES

WDTC BALLROOM

Take part in an engaging guided discussion round table where you can connect with peers from across the state who share your responsibilities. Each table will focus on a specific functional area for targeted conversations and shared insights.

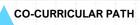
6:00 PM - 8:00 PM

DINNER (ON YOUR OWN - OR WITH US!)

RAPID CITY AREA

Dinner is on your own or join us, the SDHEA committee, at Que Pasa Cantina in downtown Rapid City.

7 | P A G E







THU, OCT 03

8:00 AM - 9:00 AM

CHECK-IN TABLE OPEN

& LIGHT MORNING REFRESHMENTS

WDTC EVENT CENTER LOBBY

Begin the day with morning refreshments.

8:00 AM - 9:57 AM SILENT AUCTION

WDTC BALLROOM

The Silent Auction concludes. Place your final bids.

8:30 AM - 9:00 AM

BUSINESS MEETING & AWARDS

WDTC BALLROOM

Conduct business meeting activities, present awards (Past President Kayte Haggerty), continue the Silent Auction (Conference Committee Member Moneik Stephens), and vote on open board announcements.

9:00 AM - 10:00 AM
SESSION BREAK OUT 03

WDTC EVENT CENTER



SELF-CARE IN HIGHER ED, WE NEED TO TAKE CARE OF OURSELVES MORE THAN EVER!

- DUANE KAVANAUGH (SD MINES)

Abstract: COVID 19, political unrest, restriction on inclusion, questioning of instructors can discuss in classes, lack of funding of faculty and staff, life in general. The stress faced by academic institutions is higher than has been seen in years. Add to all of that the stress of daily life that everyone faces, inflation, housing costs, childcare, long days, a general business model of doing more with less, and there is no wonder there is increased reports of depression in the country. This session will look at what is stress and anxiety, where does it come from, a survey of the audience and some ideas of what we can do to address stress, anxiety, and BURNOUT.

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THU, OCT 03 (CONTINUED)

9:00 AM - 10:00 AM SESSION BREAK OUT 03 (CONTINUED)

WDTC EVENT CENTER



TIX: 2024 REGULATORY CHANGE IMPACTING HIGHER EDUCATION ROOM: DAKOTA LECTURE HALL

- SAM KERR (LYNN JACKSON LAW), CASSIDY STALLEY (LYNN JACKSON LAW)

Abstract: In April 2024, the U.S. Department of Education released new regulatory provisions expanding protections against sexual harassment and sexual discrimination in higher education. Several changes set in motion a number of lawsuits attempting to block the new rules from becoming effective. This session will provide an overview of the new regulatory provisions - from expanded definitions of harassment and discrimination to changes in TIX complaint proceedings to grievance procedures. This presentation will also cover regulatory guidance to assist higher education institutions in addressing the new regulations.



DESIGN THINKING IN ADVISING: STUDENT ENGAGEMENT IN THE **PROCESS** ROOM: PENNINGTON COUNTY COMMUNITY ROOM

- AMANDA WILLIAMS (SDSU)

Abstract: Based off the book "Design Thinking in Student Affairs" by Julia Allworth, the presentation will take a look at the ways to incorporate design thinking into the advising session and getting the students to engage in the process of advising, thereby taking ownership of their choices.

10:00 AM - 10:15 AM BREAK

WDTC EVENT CENTER LOBBY

Like it says. Drink some water.

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THU, OCT 03 (CONTINUED)

10:15 AM - 11:15 AM
SESSION BREAK OUT 04

WDTC EVENT CENTER



WORKING WITH INDIGENOUS STUDENTS

ROOM: PENNINGTON COUNTY COMMUNITY ROOM

- LENA BIG CROW-ABOUREZK (SDSU), JORDON MENDOZA (BHSU &SDSU)

Abstract: This presentation will provide information on best practices and considerations for working with Indigenous students in higher education. We will explore a history of trauma, considerations in retaining and supporting Indigenous students, and have discussion about experiences.



LEADING WITH EFFICACY: CREATING WELLNESS PROGRAMMING FROM CONCEPT TO CAMPUS IMPACT ROOM: DAKOTA LECTURE HALL

- BRYCE NUSSBAUM (SD MINES), CHELSEY GROSECLOSE (SD MINES)

Abstract: This interactive workshop form the Student Wellness Committee at South Dakota Mines focuses on the strategic development and implementation of successful wellness campaigns. Attendees will learn about the process of transforming conceptual wellness ideas into impactful campus-wide initiatives with a strong emphasis on preventative strategies and a hierarchy of needs framework.

Participants will engage in hands-on workshops designed to simulate through assessment to crafting campaigns that effectively address these areas. These practical exercises will foster skills in campaign planning, execution, and evaluation. Ideal for stakeholders in educational health and wellness, this presentation will provide practical insights an actionable strategy for those looking to elevate their wellness initiatives through structured, outcome-orientated campaigns.

10 | P A G E

THU, OCT 03 (CONTINUED)

10:15 AM - 11:15 AM
SESSION BREAK OUT 04

(CONTINUED)

WDTC EVENT CENTER



EMPOWERING EDUCATORS BY ETHICALLY INCORPORATING AI

ROOM: EVENT CENTER

- VASSA GRICHKO (USD), ERIN LEHMAN (USD), DAVID SWANK (USD), DAVID BARKER (USD)

Abstract: Barrett and Pack (2023) noted that there were no agreed upon guidelines for AI use in higher education. Yet, even doctoral students turned to AI (Nguyen et al., 2024). Higher education institutions were at the point where they needed to increase their understanding of AI literacy to explore what defines (in) appropriate AI use. Recognizing that AI will only continue to evolve, educators and administrators need to have conversations around how to prepare students to use AI in a manner that encourages ethical behavior while simultaneously preparing students for the real world.

The Division of Educational Leadership at the University of South Dakota is actively integrating AI into its doctoral program. To prepare for this, faculty familiarized themselves with AI tools and had a multitude of conversations with students. This interactive presentation will allow participants to engage with AI creating preliminary guidelines with fellow participants.

11:15 AM - 11:45 AM CLOSING

WDTC BALLROOM

Conclude the conference with closing remarks by 2023/2024 President Donna Dunn. Announce new board members (Donna Dunn). Present the Best Presentation Award (Secretary/Treasurer Tracia Rensch). Hear the new president's Call to Action (2024/2025 President-Elect Whitney Bischoff) and the announcement of the 2025 Annual Conference location!

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SOUTH DAKOTA HIGHER EDUCATION ASSOCIATION

FIELD NOTES

LEARNING PATH